



Winter FITNESS SCHEDULE

Sunday	10:00am - 11:00am All In One / Tanya	
Monday	10:00am - 11:00am Zumba / Goldy (Beginning 12/16/19)	
Tuesday	10:15am - 11:15am Power Pilates / Tanya	8:30pm - 9:15pm Zumba / Goldy
Wednesday		
Thursday		
Friday	10:00am - 11:00am Kickboxing & Abs / Tanya	
Saturday		

Price per class \$18 | 10 Class Card \$150

*class schedule subject to change

We offer personal training

844-TANYA-DIET
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Gift Certificates Available

