

D O M A

LAND + SEA



SALAD

ROASTED BEETS

Counts as Veggies and Fat

DOMA CHOP CHOP

Counts as Protein and Fat

(Ask for no crispy noodles + Lemon vinaigrette dressing on side)

FROM THE SEA

PAINTER'S PLATE TARTAR

Counts as Protein & Fat

(Ask for no Taro Chips)

SALMON CARPACCIO

Counts as Protein & Fat

FROM THE LAND

Counts as Protein & Fat

PEPPER BEEF CARPACCIO

(Ask for no toasted herb croutons)

FRESH WHOLE FISH

Counts as Protein & Fat

SEA BASS

GRILLED BRANZINO

ENTREES

GRILLED ORGANIC CHICKEN

Counts as Protein & Starch

EVERYTHING CRUSTED BIGEYE TUNA RARE

Counts as Protein & Fat

(Ask for no Chili Thread)

STEAKHOUSE SALMON

Counts as Protein & Starch

STEAKS

CENTER CUT FILET AU POIVRE

Counts as Protein and Fat

SIDE

Counts as Vegetables and Fat

ARGENTINIAN GRILLED VEGETABLES

CHARRED CAULIFLOWER

SAUTEED SUGAR SNAP PEAS

**ALL SUSHI IS ALLOWED (EXCEPT CRUNCHY RICE CAKE, SPICY GRILLED SALMON)
SUSHI IS COUNTED AS SUSHI FOR THE WEEK**